June Journal Prompts

SHEET 1 / JUNE 1–15, 2027

Hello, Summer

01 **Tuesday, June 1** — Summer begins: write about one thing you want this season to hold — a trip, a habit, a slower morning.

02 **Wednesday, June 2** — Describe the first signs of summer where you live: the light, the heat, the sounds.

03 **Thursday, June 3** — What is one small pleasure you only get in summer? Write about the last time you had it.

04 **Friday, June 4** — List five things you can see from your favorite seat outside — or the seat you wish you had.

05 **Saturday, June 5** — Write about a summer food you love: where you eat it, who makes it, and the first bite.

06 **Sunday, June 6** — What would your perfect Sunday look like this month? Write it hour by hour.

07 **Monday, June 7** — Write about something you want to learn this summer, however small.

08 **Tuesday, June 8** — Write about a friend who knows you well — a memory, a joke only you two share, or five words that describe them.

The Longest Light

09 **Wednesday, June 9** — The days are near their longest. What do you like to do with the evening light?

10 **Thursday, June 10** — Write about water: a swim, a lake, rain on hot ground — a memory or a wish.

11 **Friday, June 11** — What is growing in your garden, your window box, or your neighborhood right now?

12 **Saturday, June 12** — Describe a place you go to cool down and think. What do you notice there?

13 **Sunday, June 13** — Write about a song that sounds like summer to you. Where were you when you first loved it?

14 **Monday, June 14** — You are nearly halfway through June. What has surprised you so far this month?

15 **Tuesday, June 15** — Write about your hands in summer: what they hold, pick, build or wave at.