APRIL JOURNAL PROMPTS LIST

APRIL 16–30 · SHEET 2

IN FULL BLOOM · CONTINUED

April 16 (Friday)	What is blooming in your neighborhood right now? Describe one thing closely.
April 17 (Saturday)	Write about a risk, however small, that is starting to look worth taking.
April 18 (Sunday)	Who has helped you bloom in a season when you felt stuck?
April 19 (Monday)	What would you do with one extra hour of daylight each evening?
April 20 (Tuesday)	April is National Poetry Month in the US. Try four short lines about something you saw today.
April 21 (Wednesday)	What are you ready to show the world a little more of?

EARTH AND AFTER

April 22 (Thursday)	It is Earth Day. Write about one place outdoors you want to help protect, and one small way you actually can.
April 23 (Friday)	Which tree, plant, or garden do you know best? Tell its story so far this year.
April 24 (Saturday)	What simple outdoor ritual could you keep through the rest of spring?
April 25 (Sunday)	Look back at the first quarter of the year: what surprised you most?
April 26 (Monday)	What did you begin in January that deserves a second look now?
April 27 (Tuesday)	Write about one thing you are doing more slowly on purpose.
April 28 (Wednesday)	Which April moment would you press between these pages to keep?
April 29 (Thursday)	What does May get to look forward to, thanks to something you did this month?
April 30 (Friday)	Today is Arbor Day in the US — plant a thought for the future: write one hope for the person you will be when the leaves turn.