JOURNALING IDEAS

Small pages. Meaningful days.

FEBRUARY MOOD TRACKER

One small heart for each day

CALM | GOOD | LOW | BRIGHT

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

A SMALL NOTE ABOUT THIS MONTH